

Amendments to the Specification:

Please replace the Abstract with the attached amended Abstract.

Please replace the paragraph beginning on page 5, line 26, with the following rewritten paragraph:

The upper body 11 includes a narrowed waist section 13 located at a lower end thereof. The waist section 13 refers to a part showing a reduced diameter. The waist section 13 includes ~~a center of gravity~~ an area 100 including the center of gravity of the container when the container is filled with liquid. The waist section 13 is provided at the longer sides thereof with respective grips 14.

Please replace the paragraph beginning on page 12, line 13, with the following rewritten paragraph:

The container of this embodiment does not have a narrowed waist section at and near the ~~center of gravity~~ area 100 including the center of gravity of the container when filled with liquid. Instead, it is provided with a rib 65 at and near the center of gravity. The rib 65 strengthens or reinforces the walls of the container at and near the ~~center of gravity~~ area 100 including the center of gravity, so that the user can easily grasp and hold the container at the rib 65. The rib 65 does not absorb the reduced internal pressure.

Please replace the paragraph beginning on page 10, line 4, with the following rewritten paragraph:

FIGS. 5 and 6 show an example which is substantially same as the example illustrated in FIGS. 1-4, except that the vacuum panel 26 is not formed on the shorter sides of the lower body 12. While FIGS. 5 and 6 show dimensions of some parts of the container, the present invention is by no means limited thereto. In the example of FIGS. 5 and 6, the upper body 11 includes the waist section 13, the upper body 11 shows a height of 111.21mm, the waist section 13 shows a height of 28mm, and the lower body 12 shows a height of 137.34mm.

The difference in width between the outer circumference of the projections 21 and the inner circumference of the waist section 13 is labeled as D1.

Please replace the paragraph beginning on page 12, line 10, with the following rewritten paragraph:

~~The body 12~~ A body 61, 62 comprises an upper body 61 and a lower body 62. The body 61, 62 shows a substantially rectangular cross section, and hence has longer sides and shorter sides.